



1st4sport Level 2 Certificate in Coaching Table Tennis (L2CCTT)

INTRODUCTION TO THE QUALIFICATION

The 1st4sport Level 2 Certificate in Coaching Table Tennis (L2CCTT) is endorsed through the UK Coaching Certificate (UKCC) and is awarded by 1st4sport Qualifications. It has been developed in partnership with the home country table tennis associations of England, Northern Ireland, Scotland and Wales.

The English Table Tennis Association is a 1st4sport Recognised Centre, approved to deliver the qualification in England, Northern Ireland and Wales.

The L2CCTT is a vocational qualification that provides students with an opportunity to study and be assessed for both the practical and theoretical aspects of coaching table tennis to groups of adults and children in an appropriate environment. The knowledge gained will enable students to develop an understanding of safe, ethical and effective table tennis coaching. Successful candidates will be qualified to coach the skills and techniques of table tennis as identified in the Level 2 practical syllabus.

ADDITIONAL INFORMATION

Candidates would normally be expected to have achieved the 1st4sport L1CCTT prior to registering for the Level 2 programme. Specific bridging courses to this qualification are available for existing coaches who hold an ETTA Coach Level 2 qualification (or home country equivalent) or above. Details of these are available separately from the ETTA.

In addition to the 1st4sport L2CCTT course, candidates must provide evidence of having achieved the following pre-requisites for the qualification, within the previous three years, prior to certification:

- Successful attendance at:
 - Safeguarding and Protecting Children workshop (or equivalent).
 - Emergency Life Support Course (St Johns Ambulance or equivalent).
- Obtain a satisfactory Criminal Records Bureau Enhanced Disclosure through ETTA (cost £21.15 for volunteers or £51.15 for paid coaches) or Local Authorities.

If candidates do not yet have any of the above, they will be provided with details of how to gain them after registering for the L2CCTT.

Age Limit:

Candidates must be 18 years of age or over to achieve certification for the Level 2 Certificate in Coaching Table Tennis. A younger candidate who otherwise meets the entrance requirements may be accepted onto the course, but they would not be certificated until they reached the age of 18.

Clothing and Equipment:

The course is part practical so candidates should come prepared to play wearing a tracksuit, shorts, t-shirt and indoor training shoes (preferably table tennis specific but not essential). Candidates should also bring their own table tennis bat.

Refreshments:

Tea/Coffee will normally be provided at break times on the training course, but candidates are expected to bring their own pack lunch.

1st4SPORT LEVEL 2 CERTIFICATE IN COACHING

TABLE TENNIS

LEARNING PROGRAMME OVERVIEW

The programme of study for this qualification consists of a total of 32 guided learning hours (GLHs) and 40 notional guided learning hours (NGLHs), made up of the following elements:

Pre-Course Study: 10 NGLHs

Home study tasks and achievement of pre-requisites (where required).

Phase 1 of the training programme – 2 day course – 16 GLHs as follows:

Day 1: Modules 1 to 6:

Introduction to Coaching; The Coaching Process; Technical Coaching #1; Preparing to Coach; Technical Coaching #2; Technical Coaching #3.

Day 2: Modules 7 to 10:

Reflection; Introduction to Psychology; Technical Coaching #4; Introduction to Planning Coaching Sessions.

Phase 2 of the training programme: 30 NGLHs

Approx. 6-8 weeks - Home study learning and assessed tasks, and coaching practice.

Phase 3 of the training programme – 2 day course – 16 GLHs as follows:

Day 3: Modules 11 to 13:

Reflection on Coaching Practice; Technical Coaching #5; Internal Assessment of Practical Coaching (delivered to an individual player).

Day 4: Modules 14 & 15:

Physiology and Fitness; Independent Assessment of Coaching Practice (delivered to a group of players).



In some regions external funding may be available to support coaches to gain UKCC qualifications. For information please contact your ETTA Regional Development Officer:

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To apply for coach education courses, please contact:

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